

- ① North Sound/Eustasia Sound - Excellent for all.
- ② Setting Point - Excellent for all.
- ③ Green Cay/Sandy Cay - Good for beginners on inside, more advanced on outside.
- ④ White Bay - Good for beginners. Area is a little small for advanced.
- ⑤ Soper's Holes - Good for all.
- ⑥ The Bight - Good for all (If wind angle is correct, otherwise tricky).
- ⑦ Great Harbor - Excellent for all.
- ⑧ Point towards Spanish Town from the Baths - Good for all.
- ⑨ Marina Cay/Trellis Bay - Both areas good for beginners. Channel is tricky, more advanced.
- A- Cane Garden Bay - Not much fun for windsurfing.
- B- Manchioneel Bay - Not much fun for windsurfing.



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